

ETHOSOMAL GEL FOR OPHTHALMIC (EYE INFECTION) : A REVIEW

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ABSTRACT

The eyes are the handiest feel organ required for imaginative and prescient. illnesses like glaucoma, cataract, diabetic retinopathy and many others. have an effect on the right functioning of the eyes and now and again result in blindness. The remedy of eye disorders could be very difficult due to the unique structure of this organ. The traditional treatment tactics aren't powerful in offering properly ocular bioavailability. The provesicular structures are new-technology transport systems which could improve drug bioavailability and provide healing responses in a controlled way for favored time. amongst all, liposomes are the first such delivery car but because of the dearth of stability and the excessive value, niosomes were formulated. Niosomes are nanosized vesicles composed of non-ionic surfactants that could encapsulate each lipophilic and hydrophilic tablets. The drawbacks related to niosomes, like fusion, aggregation, sedimentation, trouble in sterilization, leaking, and so forth., gave beginning to Ethosomal Ethosomal are greater stable and bioavailable than niosomes and liposomes. Ethosomal are dry formulations of hydrophilic service debris coated with a water-soluble non-ionic surfactant that, whilst hydrated, instantly transforms into niosomes. Ethosomal can be used as stable, non-poisonous carrier vendors to improve the ocular residence and bioavailability of many tablets. This paper reviewed Ethosomal, their biomedical applications and their toxicity in ocular drug delivery.

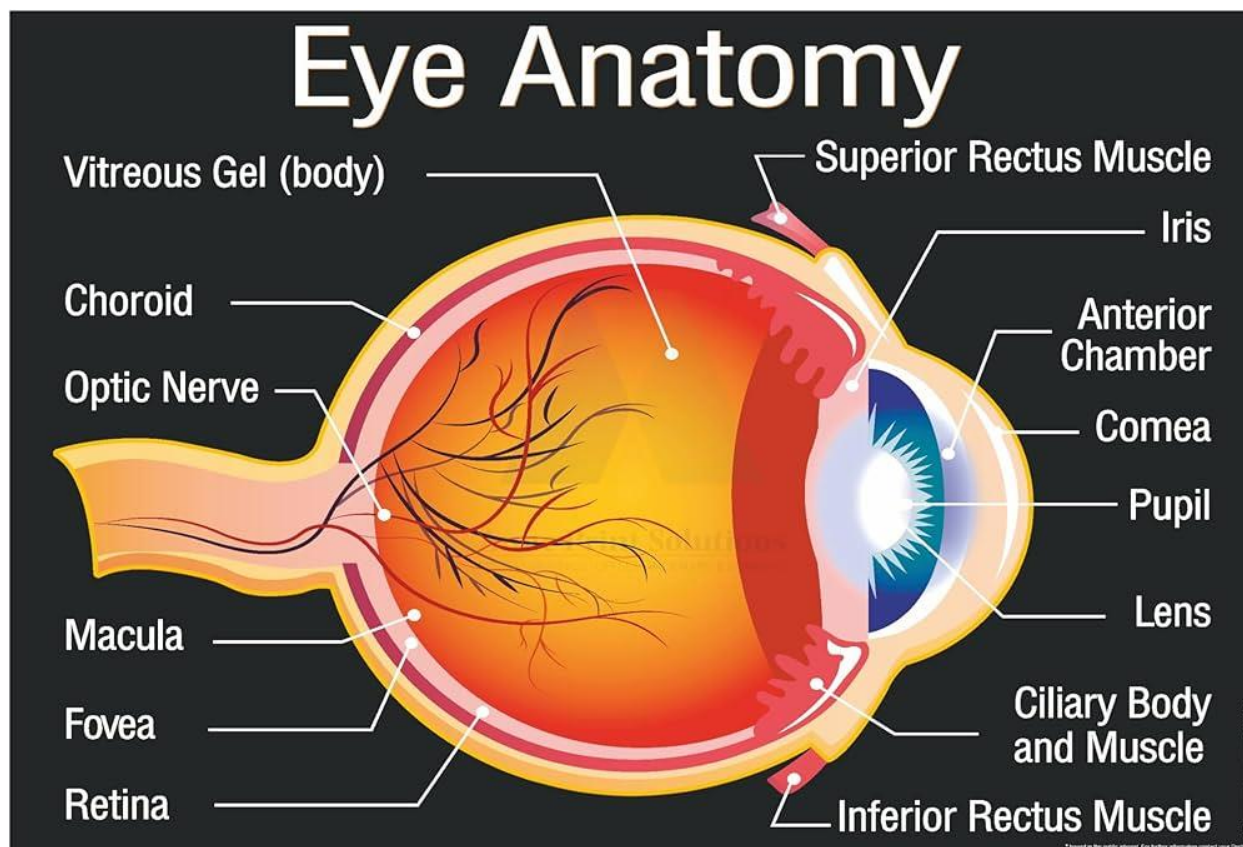
Keywords -Applications, Challenges, Ocular drug delivery, Ethosomal, Toxicity.

INTRODCUTION

The attention is the most beautiful and touchy organ of our frame that facilitates us to perceive and understand our surroundings. it is located inside the orbital cavity of the cranium. the attention is spherical in shape, with 24 mm anterior diameter. In phrases of drug delivery eye may be divided into 4 target websites: (a) cornea, (b) anterior and posterior chamber and related tissue, (c) posterior eye segment (inclusive of the retina and posterior hollow space),and (d) preocular shape (conjunctiva and eyelids). The cornea, crystalline lens, iris,and pupil make up the anterior a part of the eye. Aqueous fluid fills both the anterior and posterior chambers [1].A growing percentage of human beings international suffer from ocular contamination. feasible giant vision problems resulting from a few pathological situations of the eyes, including diabetic retinopathy, age-associated macular degeneration (AMD), HIV infections, and glaucoma may additionally reason entire loss of vision [2]. Eyes disorders are cured or controlled using either a topical or systemic delivery of drugs. despite the fact that the administration of medicine through the systemic course gives the advantage of turning in the medication to the attention more with no trouble, it has the drawback of unexpected aspect consequences and insufficient healing efficacy.

The various transport strategies, as given in desk 1,MNhave been used for ocular administration. The diagrammatic representation is given in discern 1 depicting the contrast between traditional and novel drug delivery structures in ocular management. some traditional styles of drug delivery, like ocular gels, solutions, suspensions, etc., have big drawbacks inside the form of tears turnover, terrible corneal permeability, drug loss on eyelids and eyelashes, nasolacrimal drainage, faulty dosing related to eye drops, blinking, and blurred imaginative and prescient.The above-stated demanding situations have raised the demand for modern approaches to turning in capsules to the eyes [3]. Eye drops are the most not unusual and extensively used ocular dosage bureaucracy. but, the major disadvantage of traditional dosage forms in ocular transport is that handiest five% of the drug reaches the goal website because of the various ocular barriers present in the eye [4]. furthermore, the usage of nanotechnology and different emerging drug transport systems is broadly seemed as a means of overcoming the drawbacks of conventional dosage forms and avoiding the diverse barriers present in the attention [5–7]. The vesicular gadget encloses the drug within surfactant vesicles to acquire focused drug transport on the corneal surface ensuing in better bioavailability [8].

perfect characteristics for vesicular ocular drug delivery consist of clean penetration of the drug through the corneal membrane, longer house time in the eye to reap a desired healing impact, decreased dosing frequency, minimal drug loss, avoidance of blurred imaginative and prescient, and minimum detrimental reaction/facet effects [9]. Ethosomal are a singular class of drug delivery system that has won significant attention in diverse programs in recent years [10–13]. Ethosomal won reputation over liposomes and niosomes due to their fantastic balance and better bioavailability [14]. This contemporary evaluate mentioned numerous factors of Ethosomal in ocular drug shipping.



Numerous methodologies have been endeavored to convey medicament crosswise over skin obstruction and upgrade the efficiency. The real considerations for transdermal transplantation are body strengthening (magnetophoresis, ultrasound, microneedle, iontophoresis, and electroporation), vesicles, particulate frameworks (microemulsion, strong lipid nanoparticle, and some [lipo, nio, and transfer]), as well as chemical activators (sulfoxides, azones, glycols, alkanols, and terpenes).[3]

Numerous reports have revealed the success of ethosomes in successful delivery of transdermal agents. It also provides a decent open space for the distribution of medium and widespread molecules. The preparation of the ethosome is simple without the inclusion of complex materials and can be measured along these lines to modern dimensions. These vesicular frameworks are seen as deep archives for providing molecules of lipophilia different to and through in vitro skin and in vivo in the formulation and diagnosis.[4]

The pharmacological responses, both good therapeutic efficacy and antagonistic effects of drug, depend on the concentration of drugs in the area of activity, which is based on the dosage form and the extent of drug absorption in the area.[5]

In fact, this transdermal potential policeman provides a lot for the course by avoiding unexpected premature metabolism, extending the possible and beneficial effects of diminutive half-life medications, increasing physiological and theoretical reaction, and maintaining the distance from the drug gap, the dose of treatment, and, most importantly, the patient convince. However, a major problem in transdermal drug delivery is little infiltration by the external layer of the skin.[6]

Ethosomes changed the type of liposomes with elevated ethanol content. Ethosomes are made up of phospholipid, ethanol, as well as water. They know how to infiltrate the skin and improve the delivery of together compounds to deep skin as well as system. This ethanol fluidizes mutually ethosomal lipids along with bilayers of the stratum corneum intercellular lipid. The delicate, soft vesicles at that point infiltrate the scattered lipid bilayers. Ethosomes are delicate; vesicles are primarily made primarily of phospholipids, ethanol (highly concentrated) with water. These “soft vesicles” are new vesicular carriers for improved transdermal transport to/ through skin.[7,8] Transdermal medication conveyance remains the most supported method of administration. In any case, stratum corneum shapes the mainly imposing obstruction for the infiltration of medication all the way through the skin, to conquer the stratum corneum boundary; the utilization of lipid vesicles similar to ethosomes in conveyance frameworks has pulled in expanding consideration as of late.

Preformulation studies of the selected drug

Physical evaluation

Physical assessment was performed by tangible characters - taste, appearance/feel of the medication, smell, and so on.

Solubility determination

Dissolvability of the medication was dictated by taking amount of medication (around 1–2 mg) in the test tube independently and included 5 ml of the solvent (water, ethanol, methanol, 0.1 N HCL, 0.1 N NaOH, chloroform, and 7.4 pH buffer). It was shaken vigorously and kept for some time. Solubility of the drug was noted in various solvents (at room temperature).[9]

Melting point

It is the known parameters to pass judgment on the cleanliness of medications. In the event of unadulterated synthetics, melting point is sharp and consistent. Since the medications contain the mixed synthetic substances, they are depicted with certain range of melting point. Method for determine melting point: A little amount of powder put hooked on a tube (fusion tube). Fusion tube was set in melting point deciding device (Chemline) consisting castor oil. Castor oil temperature bit by bit expanded, the temperature on which powder began near softens and the temperature once the entire powder gets melted is considered. Estimation (determination) of pH (1% w/v solution) About 100 mg of powder took and made to dissolve in 100 ml of distilled water with sonication and then filtered. The filtrate pH was verified with digital pH meter.

Identification test (Fourier-transform infrared (FTIR) spectroscopy)

Infrared range is imperative evidence which give adequate data about the structure of a compound. FTIR method gives a range containing a substantial figure of absorption band as of which an abundance of data can be inferred about the configuration of an organic compound. The area comprising 0.8 μ headed up to 2.5 μ is proclaimed near infrared and other from 15 μ headed up to 200 μ is proclaimed far infrared area. The IR range of sample drug (tazarotene) demonstrates the peak values which are qualities of the medication and the graph was appeared and IR range of the drug with all excipients graph was appeared.[10]

Loss on drying

The dampness within the solid can be communicated on a wet weight otherwise dry wet basis. On a wet weight basis, the water content of a material is determined as a level of the weight of the weight solid. The term loss on drying is a declaration of dampness content on a wet weight basis.[11] Loss on drying is straightforwardly estimated with IR moisture balance. Initially calibrate the instrument through knob then taken 5.000 g test (powder) and put the temperature at 100°C–105°C for 15 min and at steady interpretation set the knob and check % moisture.

Determination of λ_{max} and Construction of Calibration Curve of Drug-loaded at The λ_{max} of Drug-loaded was estimated by running the range of medication arrangement in double-beam ultraviolet (UV) spectrophotometer.[12] Precisely weighed 10 mg medication was dissolved in 10 ml of 7.4 pH buffer arrangement in 10 ml of volumetric flask, the came about arrangement 1000 $\mu\text{g/ml}$ and from this arrangement 1 ml pipette out and move inside the 10 ml volumetric flask and volume put together by means of 7.4 pH buffer arrangement get ready reasonable dilution to make it to a concentration series of 5–25 $\mu\text{g/ml}$. The range of this arrangement was examined in 200–400 nm extend in U.V spectrophotometer (Labindia - 3000+). The spectrum climax point diagram of the absorbance of Drug-loaded versus wavelength appeared.

Preparation of Drug-loaded Ethosomes

Soya PC (1% w/v) was dissolved in ethanol (25–45% v/v) furthermore heated to extend of $30 \pm 1^\circ\text{C}$ in a water bath, closed vessel arrangement. Drug solution in distilled water (1% w/v solution), earlier heated up to $30 \pm 1^\circ\text{C}$, then added gradually in a fine flow to the over ethanolic lipid solution through non-stop addition by means of a magnetic stirrer at 900 rpm. Mixing sustained for another 5 min and to conclude, the resulted vesicular dispersions were left to cool at room temperature ($25 \pm 1^\circ\text{C}$) for a period of 45 min.[13]

Optimization of Ethosomes Strategy

Ethosome formulation code optimized based on the evaluation of mentioned strategy procedure resting on the source of average vesicle size and (%) entrapment efficiency (EE). Optimization of lipid concentration: In the ethosomal formulation, the ratio of lipid was optimized by taking their different ratio such as 0.5, 1.0, 1.5, and 2.0% w/v ratio and all other parameters were kept remain constant. Optimization of ethanol concentration: In the ethosomal formulation, the ethanol content was optimized by taking their different quantity such as 10, 15, 20, and 25 and all other parameters were kept remain constant. Optimization of drug concentration: Drug concentration optimized by taking different concentration of drug such as 1, 1.5, and 2.0% w/v and prepared their formulation and all other parameters such as Soya PC, stirrer time kept remain constant. Optimization of stirrer time: Stirrer time was optimized by stirring the formulation for different time, i.e., 5, 10, and 15 min. Characterization of Drug-loaded Ethosomes

Vesicle size

Microscopic investigation was done to decide the average size of ready ethosomes.[14] Formulation was thinned by means of distilled water and one drop was gone up against a glass slide and secured by means of coverslip. The prepared slide was examined under trinocular microscopic at $\times 400$.

The widths of in excess of 150 vesicles were arbitrarily estimated utilizing calibrated ocular and stage micrometer. The average diameter was considered using the flowing recipe.

Surface charge and zeta potential

The vesicles size and size allocation and surface charge were dictated by dynamic light scattering strategy (Malvern Zetamaster, ZEM 5002, Malvern, UK). Zeta potential estimation of the ethosomes depended resting on the zeta potential that was determined by Helmholtz–Smoluchowski as of their electrophoretic mobility. For estimation of zeta potential, a zetasizer was utilized by means of field quality of 20 V/cm on a large bore measure cell. Samples were thinned through 0.9 % NaCl accustomed to a conductivity of 50 IS/cm.EE[15] EE decided through measuring the concentration of untrapped free drug in aqueous medium. Around 1 ml of the medication loaded ethosomes, dispersion was put in the Eppendorf tubes furthermore centrifuged at 10,000 rpm for 30 min. The ethosomes alongside encapsulated drug were isolated at the base of the tubes. Plain ethosomes without Drug-loaded were utilized as blank sample and centrifuged in a similar way. Hence, as to measure the free drug concentration, the UV absorbance of the supernatant was determined at 351 nm.

Theretical drug content

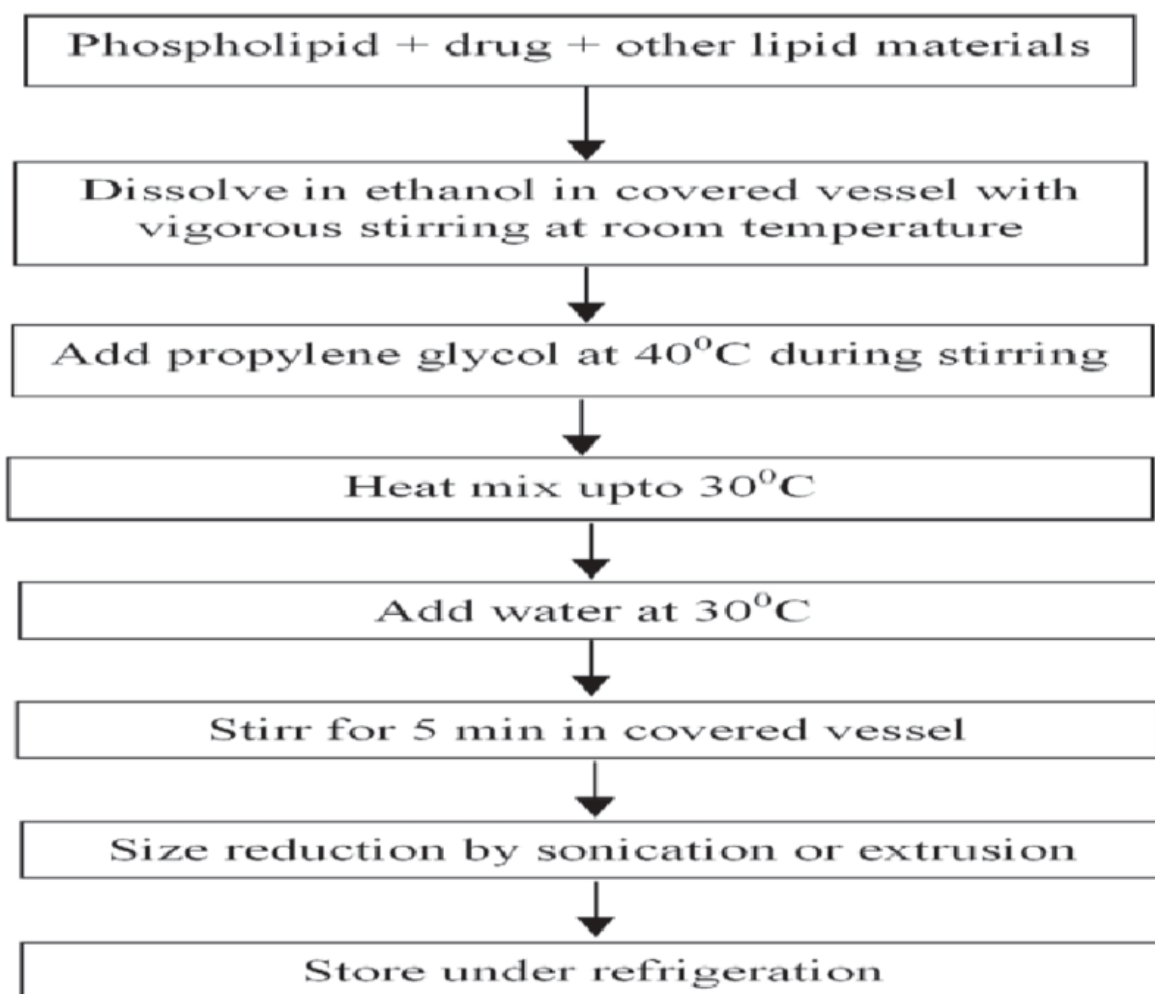
Stability studies

Stability study was done for drug-loaded ethosomes at two different temperatures, i.e. refrigeration temperature ($4.0 \pm 0.2^\circ\text{C}$) and at room temperature ($25\text{--}28 \pm 2^\circ\text{C}$) for 3 months. The formulation subjected for stability study was put away in borosilicate compartment to maintain a strategic distance from any interface among the formulation and glass of container. The formulations were investigated for any physical changes and drug content. Preparation of Gel Base Carbopol 934 (1–3%w/v) was accurately weighed and dispersed into double distilled water (80 ml) in a beaker. This solution was stirred continuously at 800 rpm for 1 h, and then, 10 ml of propylene glycol was added to this solution. The obtained slightly acidic solution was neutralized by dropwise addition of 0.05 N sodium hydroxide solutions, and again, mixing was continued until gel becomes transparent.and upper slide has movable and one end of movable slide tied with weight pan. To determine spreadability, 2–5 g of gel placed between two slides and gradually weight was increased by adding it on the weight pan and time required with the top plate to face the distance of 10 cm on adding 80 g of weight was noted. Good spreadability shows lesser time to spread.

Volume of gel was adjusted to 100 ml and then sonicated for 10 min on bath sonicator to remove air bubbles. Final pH of the gel base was adjusted to 6.5. Gel was also prepared with plain drug by adding 10 mg of drug and dispersed properly

In vitro drug diffusion study

Time taken toslide by following same procedure given above. Ethosomes preparation comparing to 0.05% w/w of drug was fused into the gel base to get the ideal concentration of drug in gel base.



Characterization of Ethosomes Containing Gel

Measurement of viscosity

Viscosity measurements of prepared topical ethosomes based gel were measured by Brookfield viscometer using spindle no. 63 with the optimum speed of 10 rpm.

pH measurements

The pH of selected optimized formulations was established with the help of digital pH meter. The pH meter was calibrated with the help of buffer solution of pH 4, pH 7, and pH 9. After calibration, the electrode was dipped into the vesicles. Then, pH of selected formulation was measured and readings shown on display were noted.

Drug content

Accurately weighed 100 mg of topical ethosomal gel was taken in beaker and added 20 ml of methanol. This solution was mixed thoroughly and filtered by means of Whatman filter paper No. 1. Then, 1.0 mL of filtered solution was engaged in 10 mL capacity of volumetric flask; moreover, volume was ready up to 10 mL by means of methanol. This solution was analyzed using UV spectrophotometer at λ_{\max} 351 nm.

Extrudability study

Extrudability was determined on the amount of the gel extruded as of collapsible tube on appliance of certain load. More the quantity of gel extruded shows better extrudability.

It was determined by applying the weight on gel filled collapsible tube and recorded the weight on which gel was extruded from tube.

Spreadability[16]

Spreadability of formulation is necessary to provide sufficient dose available to absorb from skin to get good therapeutic response. An apparatus in which a slide fixed on wooden block and upper slide has movable and one end of movable slide tied with weight pan. membrane for diffusion.[17] The Franz diffusion cell has The cell. Egg membrane is taken as semi-permeable in vitro diffusion study about is conveyed by utilizing Franz diffusion receptor compartment with an effective volume roughly 60 mL and compelling surface area of permeation 3.14 sq.cm. The egg membrane is placed between the donor and the receptor compartment. A 2 cm² size patch taken and weighed then set on one face of membrane confronting donor compartment. The receptor medium is phosphate buffer pH 7.4. The receptor compartment is encompassed through water casing to keep up the temperature at $32 \pm 0.5^{\circ}\text{C}$. Warmth is furnished utilizing a thermostatic hot plate with a magnetic stirrer. The receptor liquid is mixed by Teflon covered magnetic bead which is put in the diffusion cell. Amid each testing interim, samples are pulled back and replaced by equivalent volumes of fresh receptor liquid on each sampling. The samples withdrawn are analyzed spectrophotometrically at wavelength of drug 351 nm.

APPLICATION OF ETHOSOMAL IN OCULAR DISEASES

Ethosomal have gained significant attention in the pharmaceutical field due to their potential application in various medical fields. One of those areas is the treatment of various ocular diseases as shown in Table.

Glaucoma

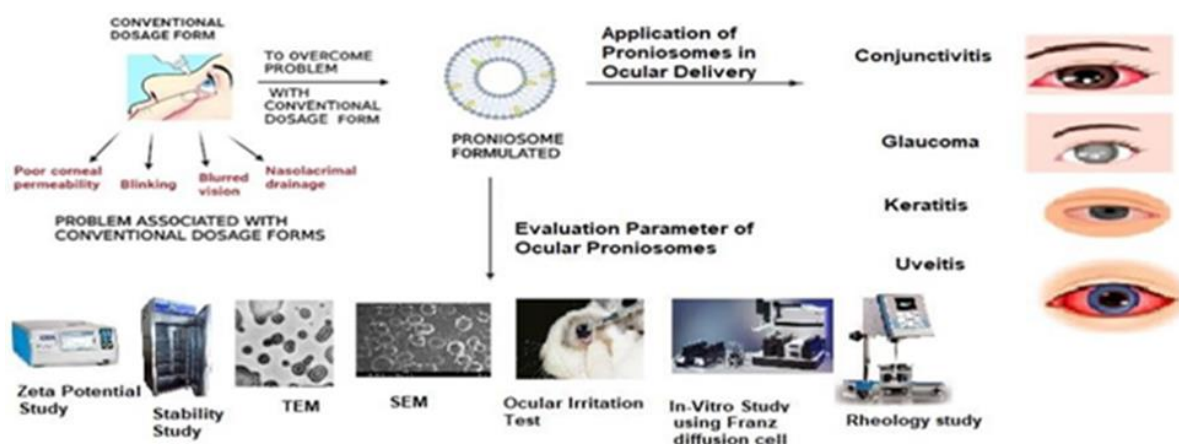
Glaucoma is an eye disorder marked by elevated intraocular pressure that eventually results in optic nerve damage, leading to vision loss or blindness. Glaucoma is the primary cause of blindness worldwide [61]. Dorzolamide (Carbonic anhydrase inhibitor) is used in the treatment of glaucoma. The Ethosomal of dorzolamide showed decreased intraocular pressure with enhanced therapeutic efficacy in the invivo studies in male albino rats [62,63]. Brimonidine tartrate (α -2 adrenergic agonist) Ethosomal decrease the production of aqueous humour and reduce the ischemiainduced optic nerve damage by enhancing the ocular bioavailability of the drug.

Conjunctivitis

Infection of the conjunctiva is known as conjunctivitis, commonly referred to as pink eyes. Conjunctiva is a thin transparent membrane covering the white part of the eyes. Ethosomal may use to encapsulate and deliver anti-inflammatory and antibiotic drugs directly to the eye to treat conjunctivitis[64,65]. Various studies have demonstrated the benefits of Ethosomal conjunctivitis treatment. Lomefloxacinproniosomal formulation was found effective in reducing the severity of bacterial conjunctivitis in rabbits [66]. In another study, Levofloxacin-loaded proniosomal formulation showed increased ocular residence time by providing sustained drug release.

Evaluation parameter of Ethosomal

Characteristics	Ideal requirement	Methods	Significance
Surface morphology	Smooth surface, Spherical shape.	SEM, TEM, Electron microscopy, Optical microscopy, correlation microscopy.	To access uniformity of particle size and surface characteristics.
Angle of repose	Less than 30	Funnel method	To determine flow properties.
Vesicle size	Globular in shape, <10 μm	Malvern master sizer, Dynamic light scattering.	Analyses variation in scattered light intensity.
Entrapment efficiency	>50 %	Ultrafiltration centrifugation, HPLC.	Important for accessing drug-loading capacity.
Zeta potential	+30 mv	Malvern zeta sizer.	For Ethosomal stability
Polydispersity index	0.1-0.4 (<0.5)	Dynamic light scattering	Measure of homogeneity
Refractive index	>1.476 as the refractive index of tear fluid ranges from 1.34 to 1.36.	Abbe refractometer	Detection of potential patient pain following administration due to impaired eyesight.
Viscosity	Between 2 and 3 mPa.s	Brookfield viscometer	Viscosity should be optimized to provide residence, not blurred vision.
pH	6.5-8.5	pH meter	Reduces eye irritability.
Surface tension	Between 40-50 mN/m	Tensiometer	Important to measure the performance of the formulation.
<i>In vitro</i> drug release	As per the need	Dialysis membrane or Franz diffusion cell	To determine the amount of drug release
Ocular irritation evaluation	The formulation should be safe and tolerable for ocular administration.	Draize test	To determine any congestions and or irritation of the cornea, iris, and conjunctiva caused by the formulation.
<i>In vivo</i> pharmacodynamic study	The formulation should provide the optimum therapeutics effect of the drug within the required time.	<i>In vivo</i> studies on living subjects	To evaluate the ocular bioavailability of the drug.
Stability	The formulation should be stable throughout its shelf life under the given storage condition.	As per ICH guidelines	To determine the effect of storage on the size, PDI, and zeta potential.



RESULTS AND DISCUSSION

Procured drug was odorless and light yellow powder in nature. In solubility study, it was observed that drug was without restraint soluble in ethanol, methanol, and soluble in acetone, DMSO, 0.1 N hydrochloric acid, chloroform, and phosphate buffer pH 7.4. It was completely insoluble in distilled water. Melting point of drug was found 95–96°C while it was 95°C reported in standard monograph. The pH of drug solution was found to be 6.9. Recognizable proof of Drug-loaded was finished by FTIR spectroscopy as for marker compound. Drug-loaded was gotten as light yellow crystalline powder. It was recognized from the consequence of IR range according to specification. The obtained FTIR characteristic peaks of drug were matched with the peaks of drug given in standard monograph revealed similar [Figure 1]. The drug excipients interaction study was performed to check in interaction between drug and other formulation excipients by FTIR spectrum. There was no interface found between drug and excipients, and it was clearly seen and confirmed by FTIR spectrum scan graph of drug solution and mixture of drug and excipients. There was no fluctuation in characteristic band peaks of drug [Figure 2].

CONCLUSION

Ethosomes were prepared by and optimized on the base of average vesicle size and % drug entrapment. The optimized formulation was further incorporated with gel base (Carbopol gel) and characterized for their viscosity, pH, % drug content, extrudability, spreadability, and drug release study. Optimized formulation (F-13) of ethosome resulted in average vesicle size as 178.37 ± 5.07 nm, zeta potential as -17.3 ± 2.4 mv, and % EE as $73.03 \pm 2.49\%$, and stability study data revealed that the optimized formulation was stable after 3 months of storage at $4.0^\circ \pm 0.2^\circ\text{C}$. Prepared gel of optimized formulation viscosity was 178.37 ± 5.07 cps, pH was 6.9, % drug content was 97.57 ± 2.49 , extrudability was 170 g, spreadability (g.cm/sec) was 5.16 (g.cm/sec), and in vitro drug release found as $76.65 \pm 0.48\%$ in 12 h, respectively. It can be concluded that prepared gel containing Drug-loaded ethosomal formulation was optimized and successfully formulated in the gel form can be of use for topical preparation for its antiacne affect.

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